IBD in Dogs — Symptom & Weight Tracker

Print weekly • Fill daily • Bring to every vet visit | thehappypuppers.com

Dog's Name	Breed	Age	Weight (baseline)	IBD confirmed?

Vet / Clinic:	Phone:

Current diet / medication: _____

Week of: _____ **Treatment Phase:** Diet Trial Medication Tapering Maintenance

Week #: _____ Next vet appt: _____ Probiotic given daily? Yes No

DAILY SYMPTOM, DOSE & WEIGHT LOG

Day & Date	Dose Given	Vomiting N Y	Diarrhea N Y	Appetite G F P	Weight (kg / lb)	Stool 1–5	Lethargy N Mild Y	Notes / Observations

Stool: 1=Watery 2=Soft-Loose 3=Formed-soft 4=Normal 5=Hard/Dry | Appetite: G=Good F=Fair P=Poor

CALL VET IMMEDIATELY:

- >10% weight loss in 1 month
- Bloody / black tarry stools
- Vomiting 3+ times per day
- Swollen legs or belly (PLE sign)
- Collapse or extreme weakness
- No improvement after 14 days
- Jaundice (yellow skin / eyes)

WHAT TO EXPECT & WHEN

Wk 1–2 Vomiting frequency may ease; appetite can improve
Wk 2–4 Stool consistency often begins to normalise
Wk 4–8 Weight stabilises; diet trial result assessed
Wk 8–12 Full trial judged; medications adjusted if needed
Mo 3–6 Microbiome recovering; taper steroids if stable
Mo 6+ Gut lining healing; many dogs reach remission
Ongoing Monitor weight weekly; recheck every 3–6 months

"Every data point you track is an act of love. Your consistency gives your vet the power to heal your dog."

— Dr. Shruti Bhattacharya